

Clare Active Kids, Healthy Kids Fund

What is the Clare Active Kids, Healthy Kids Fund?

- The Valley Active Communities Committee in conjunction with the Clare Recreation Department and Clare Community Health Board has made funds available to the community to support local groups and organizations to improve health and physical activity levels of children and youth.
- The goal of the fund is to encourage and support the community in the development of innovative, non-traditional, creative physical activity initiatives, which enable youth and their families to lead physically active lifestyles.

NO PROJECT IS TOO SMALL!

BE CREATIVE!

NEED HELP WITH YOUR IDEA?

CONTACT THE CLARE RECREATION DEPARTEMENT AT 769-3655.

The fund is a partnership of:

- Valley Active Communities Committee
- Clare Recreation Department
- Clare Community Health Board

CRITERIA

- The priority will be on helping inactive children and youth to become more active.

Successful projects should:

- Be directed to youth and involve the important principles of physical activity (i.e. 60 minutes of activity per day, help to increase heart health, flexibility, muscular strength, endurance and coordination, etc.)
- Increase the ability of the group or the community to provide ongoing physical activity opportunities and leadership.
- Be able to record / report the process of the project.
- Show your organization or group needs funding support.
- Involve youth in the planning and leadership of the program.
- Provide either structured or unstructured opportunity for youth to participate in physical activity.
- Include fair play and safe play principles.
- Focus on daily activities at home, at school and / or in your community and build on what is currently offered by community groups and organizations.

PROJECT EXAMPLES

- Skipping Club

- Before or after school activities
- New recreation youth sports: indoor / outdoor volleyball, shinny hockey, flag football, boxing, ultimate Frisbee.
- Outdoor clubs: snowshoeing, cycling, skiing, hiking, canoeing or sports camps.
- Girls in Motion & Youth Fitness Programs.
- Arts and / or cultural camps with a physical activity component.

APPLICATION PROCEDURES

1. Application may be received at any time throughout the fiscal year. To be considered monthly, applications must be submitted by the 1st of every month.
2. The committee will request a short presentation from the group.
3. All applicants shall be informed in writing of the decision regarding their application.
4. The committee reserves the right to publish the names of successful applications.
5. Successful applicants must fill out an evaluation form once the projects begins.

HOW TO APPLY?

Send your completed application to:

Active Kids, Healthy Kids Fund
 c/o Clare Recreation Department
 P.O. Box 458
 Little Brook, N.S. B0W 1Z0

Tel: (902) 769-3655
 Fax: (902) 769-3713

CLARE ACTIVE KIDS, HEALTHY KIDS FUND

Project name : _____
 Organization: _____
 Contact person: _____
 Mailing address: _____
 _____ Postal code: _____
 Phone Number: Tel: _____ Fax: _____
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Please answer the following questions in paragraph or point form:

1. Please describe your project?

_____ (Date)

_____ (Signature)

MAIL TO: CLARE RECREATION DEPARTEMENT

Municipality of Clare

P.O. Box 458, Little Brook

N.S. B0W 1Z0

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